

HOT LUNCH MENU

Starting Week 1 from Monday 18th September 2023

| | MONDAY | TUESDAY | WED | THURSDAY | FRIDAY |
|--------|--|---|---|--|--|
| WEEK 1 | <p>MINCE AND POTATOES WITH VEG</p>  <p>VEGETABLE RISOTTO</p> | <p>MACARONI AND VEG</p>  <p>VEGETABLE CHILLI AND RICE</p> | <p>SAUSAGE, GRAVY WITH VEG AND POTATOES</p> <p>CHICKEN AND RICE SOUP AND SANDWICH</p> | <p>FISHCAKES, BEANS AND POTATOES</p> <p>MASCARPONE PASTA</p> | <p>CHICKEN CURRY AND RICE</p>  <p>VEGETABLE CARBONARA</p> |
| WEEK 2 | <p>MEATBALLS GRAVY AND RICE</p>  <p>TOMATO PASTA</p> | <p>CHICKEN AND SWEETCORN PASTA</p>  <p>BAKED POTATOES BEANS AND CHEESE</p> | <p>BURGERS, GRAVY, VEG AND POTATOES</p>  <p>CHEESY PASTA</p> | <p>BEEF BOLOGNAISE</p>  <p>LENTIL SOUP AND SANDWICH</p> | <p>FISHCAKES, BEANS AND POTATOES</p>  <p>VEGETABLE SAUSAGE HOTPOT</p> |
| WEEK 3 | <p>SAUSAGE, VEG AND POTATOES</p>  <p>FOUR CHEESE TORTELLINI</p> | <p>BEEF BOLOGNAISE</p> <p>VEGETABLE RISOTTO</p> | <p>MEATBALLS GRAVY AND RICE</p>  <p>FISH AND BROCCOLI BAKE</p> | <p>MACARONI AND VEG</p> <p>VEGETABLE CHILLI AND RICE</p> | <p>FISHCAKES, BEANS AND POTATOES</p>  <p>MASCARPONE PASTA</p> |
| WEEK 4 | <p>MACARONI AND VEG</p> | <p>MEATBALLS GRAVY AND RICE</p> | <p>MINCE AND YORKSHIRE PUDDINGS</p> | <p>FISHCAKES, BEANS AND POTATOES</p> | <p>CHICKEN AND BROCCOLI PASTA</p> |
| |  <p>BAKED POTATOES CHEESE AND BEANS</p> | <p>FOUR CHEESE TORTELLINI</p> | <p>PASTA ARRABIATA</p> | <p>VEGETABLE RISOTTO</p> | <p>LENTIL SOUP AND SANDWICH</p> |

All meals are served with potatoes or vegetables where appropriate.

Children are provided a pudding of fresh fruit, jelly, angel delight or yoghurt.

PLEASE KEEP THE NURSERY INFORMED OF ANY CHANGES TO DIETARY REQUIREMENTS